

# Youth League Coaches Packet

Below is the information covered in the coaches meeting.

At the meeting coaches will:

1. Pick up the uniforms
2. Verify their practice times/locations
3. Verify or establish their team names (trophies are ordered early in the season).
4. Review of the information below

What is covered in the Coaches Meeting:

You can find this information on the PRUMC Sports and Recreation website under the “Coaching Recourses” tab located in the “About Us” section.)

**Safety**

**Concussion Protocol**

**League Information**

**Field Policies and Considerations**

**League Schedules**

**PRUMC's Helpful Tips for all Coaches!**

**Rules**

**Player Substitution Worksheet**

**Inclement Weather Information**

**Pictures**

**Season-Ending Celebrations**

**Team "Mom" Responsibilities**

**E Rivers Concession Stand - Team Snack Program**

**Preventing Injury and Promoting Success in the**

**Young Athlete by Beth Maynor**

**What Makes A Nightmare Sports Parent - - And What Makes A Great One**

**Sportsmanship for Parents**

**Basketball Court Diagram**

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